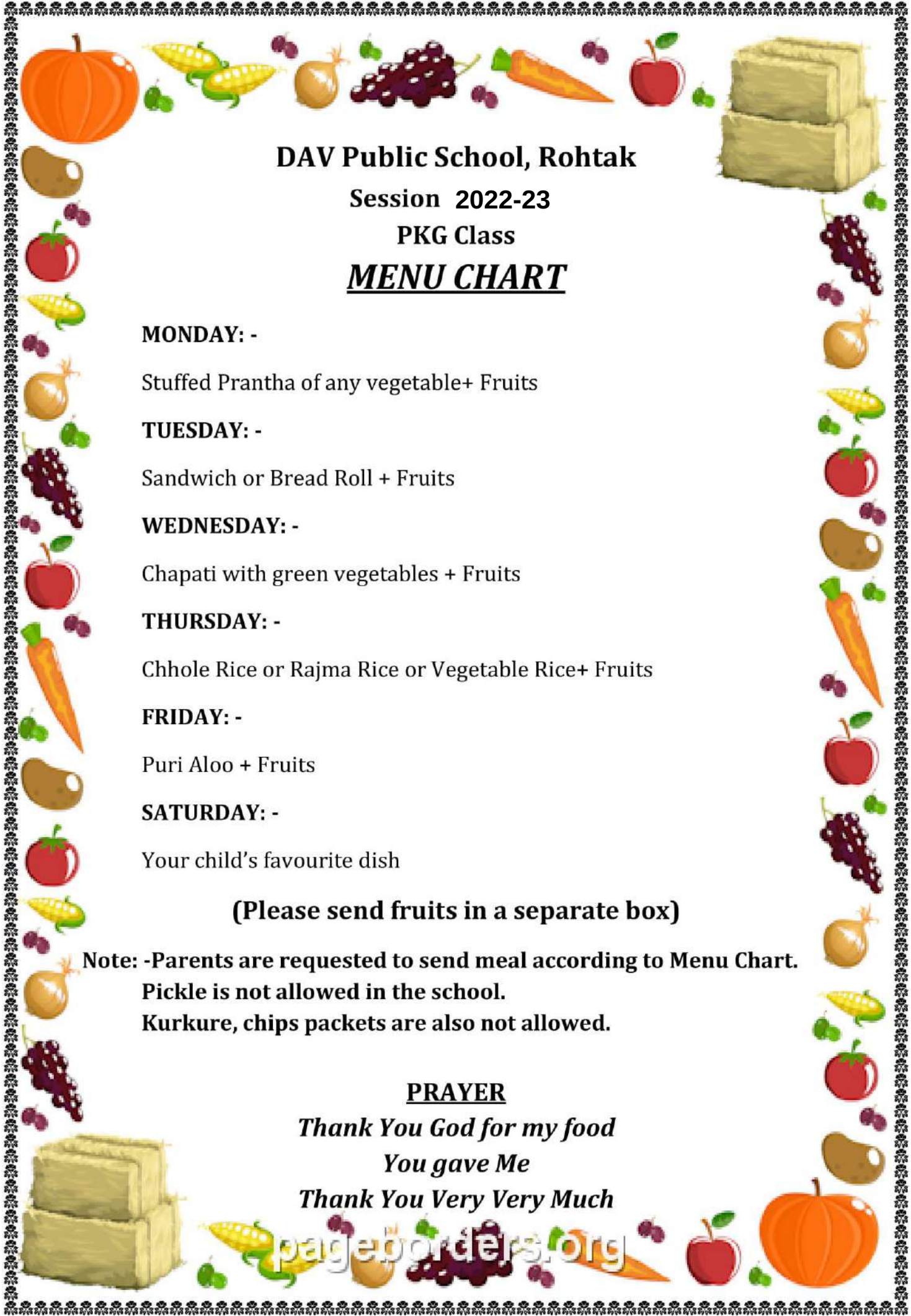




DAV Public School, Rohtak

Session 2022-23

PKG Class

MENU CHART

MONDAY: -

Stuffed Prantha of any vegetable+ Fruits

TUESDAY: -

Sandwich or Bread Roll + Fruits

WEDNESDAY: -

Chapati with green vegetables + Fruits

THURSDAY: -

Chhole Rice or Rajma Rice or Vegetable Rice+ Fruits

FRIDAY: -

Puri Aloo + Fruits

SATURDAY: -

Your child's favourite dish

(Please send fruits in a separate box)

Note: -Parents are requested to send meal according to Menu Chart.

Pickle is not allowed in the school.

Kurkure, chips packets are also not allowed.

PRAYER

Thank You God for my food

You gave Me

Thank You Very Very Much

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DAV Public School, Rohtak

Planner for PKG

Session 2022-23

E-I (April – August)

- ❖ Part of Body
- ❖ My Belongings
- ❖ Fruits Name: - Apple, Mango Banana, Orange, Grapes.
- ❖ Colours:- Red+Yellow

ACTIVITIES

- Scribbling
- Colouring
- Story Rhymes Hindi and English
- Magic Words- Please, Thank you, Sorry, Excuse Me etc.
- Simple commands- Sit, Stand, Up down etc.
- Clay Moulding
- Om Chanting
- Puppet Show
- Assembly
- Rolly Polly
- Colours day celebration
- Water Play
- Thumb Printing
- Hand Printing
- Bud Printing
- Paper Folding
- Birthday Celebration.

HEALTH & HYGIENE

- Dresses neatly
- Uses handkerchief when necessary

PHYSICAL DEVELOPMENT

- Playing of swings and slides
- Running, hopping, jumping
- Balloon race

MORAL EDUCATION

- Chanting of Gyatri Mantra
- Wish and Respect your elders

RHYMES

ENGLISH RHYMES

1. Red Colour Red Colour
Where are you?
Here I am Here I am
How do you do...
Yellow Colour Yellow Colour
Where are you?
Here I am Here I am
How do you do?
Green Colour Green Colour
Where are you?
Here I am Here I am
How do you do?
2. Rolly Polly Rolly Polly Up UPUP
Rolly Polly Rolly Polly Down Down Down
Rolly Polly Rolly Polly In In In
Rolly Polly Rolly Polly Out out out
3. Never Cry, Never Cry
Never Never Cry
Always Smile, Always Smile
Always Always Smile..
4. Tap Your head
Rub your tummy;
Touch your toes,
And hug your mummy.
5. K for Kite
Red, Blue, White
Goes up high
In the sky
6. A for apple
Round and Sweet
Red-Red Apple
So good to eat

HINDI RHYMES

1. आ से आम, बड़ा रसीला
लाल लाल और पीला - पीला
गर्मी में यह आता है
सबके मन को भाता है।
2. हम छोटे-छोटे बच्चे हैं
दाँत हमारे कच्चे हैं
हम भी लडने जाएँगे
सीने पे गोली खाएँगे
मर जाएँगे, कट जाएँगे
देश की शान बढ़ाएँगे।
3. आया राखी का त्योहार
देखो बहन भाई का प्यार
बहना बाँधे रेशम डोर
भईया हो गए भाव विभोर।
4. आसमान में सूरज गोल
चंदा भी गोल - २
मम्मी जी की रोटी गोल
पापाजी का पैसा गोल
दादाजी का चश्मा गोल
आपभी गोल, हम भी गोल
सारी दुनिया गोल - गोल।
5. अच्छे बच्चे रोते नहीं
सुन्दर आँखें खोते नहीं,
इन आँखों से पढ़ना है
अच्छा बच्चा बनना है।
6. सुबह सवेरे बोलो जी नमस्ते,
मम्मी जी नमस्ते, पापा जी नमस्ते,
दादी जी नमस्ते, दादा जी नमस्ते,
सुबह सवेरे बोलो जी नमस्ते।

General Knowledge

E-I (April – August)

Q1). What is your name?

Ans. _____.

Q2). How are you?

Ans. Fine, thank you.

Q3). In which class do you read?

Ans. Pre-Kg.

Q4). What is the colour of Apple?

Ans. Red.

Q5). What is the colour of sun?

Ans. Yellow.

DAV Public School, Rohtak
Planner for PKG
Session 2022-23
E-II(September to December)

- ❖ Concept of Big and Small
- ❖ Transport Names:- Bus, Car, Van, Bike, Scooter
- ❖ Colour:- Green, Blue, Orange
- ❖ Vegetables Names:- Potato, Tomato, Peas, Carrot, Lady Finger
- ❖ Shapes:- Circle, Triangle

Activities

- Festival day celebration
- Fashion Show
- Colouring within figure
- Shape Walk
- Health Week
- Balancing
- Frooti Race
- Frog Race
- Puppet Show
- Sharing Day
- Rhymes& Action Songs
- Free dance on music

Health and Hygiene

- Routines
- Taking care of his/her cleanliness. Eg. hair, nails, dress etc.
- Health week

Physical Development

- Walking on a straight line
- Hopping
- Aerobics
- Races

Rhymes

English Rhymes

1. Come Little Children
Come to me
I will teach you ABC
ABC DEFG HIJK LMNOP
LMNOP QRST UVWXYZ
XYZ Sugar on the bread
If you don't like it
Go to the Bed.
2. Hello neighbour-2
What do you say-2
It's gonna be a happy day-2
Greet your neighbour-2
Boogie down-2
Give them a bumb-2
And turn around
My name is.....
3. Are you Sleeping?-2
Mother Dear-2
Come and make my breakfast-2
School जाना है
D.A.V जाना है

Hindi Rhymes

1. एक थे राजा राम अवध में ,
सुनो समय की बात।
राम ,लक्ष्मण ,भरत , शत्रुघ्न ,
भाई थे वो चार।
मिलजुल कर वो रहते थे ,
उनमें था बहुत ही प्यार।

एक थी रानी बड़ी सयानी ,
सीता नाम की।
छल से उसको चुरा लिया ,
लंका के रावण ने।
श्री राम को गुस्सा आया ,
लंका के रावण पे
हनुमान की सेना ले कर
चढ़े चढ़ाई पर
रावण हारा, राम की सेना ने तब खुशी मनाई ,
घर -घर में फिर दीप जले ,
और खूब बजी बधाई -२

2. सर -सर -सर-सर उड़ी पतंग ,
फर -फर -फर -फर उड़ी पतंग ,
इसको काटा उसको काटा ,
खूब लगाया सैर सपाटा
उड़ते -उड़ते जुड़ी पतंग
अरे -अरे कट गई मेरी पतंग।

3. बिल्ली बोली म्याऊ - म्याऊ
मैं आऊँ - मैं आऊँ
चूहा बोला ठहर जा
पहले मैं छिप जाऊँ।

4. बंदर पेड़ पर बैठा है
क्या बन्दर तू भूखा है
मेरे पास आ
रोटी खा, पानी पी ,
बंदर कूद ,कूद ,कूद।

5. नाखून को देखो बाप रे बाप।
मैल भरी है छि : छि : छि :
मम्मी पास जाओ
पापा पास जाओ
अपने नाखून साफ कराओ।

General Knowledge

E-II(September to December)

Q1). *In which school do you study?*

Ans. *D.A.V. Public School, Rohtak.*

Q2). *What is the colour of Milk?*

Ans. *White.*

Q3). *What is the sound of Duck?*

Ans. *Quack-Quack.*

Q4). *What is the sound of Cat?*

Ans. *Meow-Meow.*

Q5). *What is the sound of Dog?*

Ans. *Boo-Boo.*

DAV Public School, Rohtak

Planner for PKG

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E-III (January to March)

Revision of Previous Work

- ❖ Fruits Name
- ❖ Vegetable Name
- ❖ Transport Name

Activities:-

- BALA
- Visit to Park
- Puppet Show
- Story Telling sessions
- Ball Activities
- Colouring within figure
- Best out of waste (any item with waste material)
- Rhymes recitation
- Free dance on music
- Christmas Celebration

Health and Hygiene

- Bring nutritious food
- Sharing Helping

Physical Development

- Outdoor play
- Slides & Swings
- Sharing, Helping

Socio Emotional Development

- Co-operation
- Leadership
- Self Confidence

Moral Values

- Respect others
- Wish everyone in school
- Prayer before eating food.
- Om chanting

Rhymes

1. Jingle bells! Jingle Bells!
Jingle all the way!
Santa Clause is coming to town,
Riding on a sleigh.
Jingle bells, Jingle bells,
Jingle all the way.
2. Happy, Happy, Happy New Year
Come, Come-come my dear
आओ मनाएं New Year
चुन्नू ढोल बजायेगा, मुन्नू गाना गायेगा
गुड़िया रानी नाचेगी, छम-र पायल बाजेगी,
आओ मनाएं New Year, Happy New Year
3. अहा !टमाटर बड़ा मजेदार
बड़ा मजेदार भाई बड़ा मजेदार
इक दिन इसको चूहे ने खाया
बिल्ली को भी मार गिराया
अहा !टमाटर बड़ा मजेदार
बड़ा मजेदार भाई बड़ा मजेदार।
4. Let's Clap-Clap-Clap
Let's Sing-Sing-Sing
Let's Dance-Dance-Dance
Let's Play-Play-Play
Let's Enjoy-Enjoy-Enjoy
5. God bless Mummy
God bless Daddy
Help me always
To make them happy.

E-III (January to March)

Q1). How many Hands do you have?

Ans. I have two hands.

Q2). How many Eyes do you have?

Ans. I have two eyes.

Q3). How many Ears do you have?

Ans. I have two ears.

Q4). How many Nose do you have?

Ans. I have one nose.

Q5). How many Legs do you have?

Ans. I have two Legs.

Revision of previous G.K. Questions covered in E-I & E-II.